

Thanksgiving Clinic



Sunday November 27th

Registration is now open for GIRLS CO-OP's Annual Thanksgiving Clinic

Clinicians Include:

Dr Donna Rimby of Back in Action Fitness - Specializing in Core Stability

Gaby Avilez - Elite Coach

Gina Nastasee - Choreographer

Lynn Perry - Compulsory and Optional Coach

Carol Vlot - Compulsory and Optional Coach

Kelly Koplin - Kickboxing Instructor & Lecturer

Brian Sateriale - Optional Coach & Bar Specialist

There will be a special guest speaker for parents from 9:00-10:00am

Elizabeth Sanchez - Massage Therapist, Life Coach and Owner of Simply Healing Health Center in Bethlehem

Place: GIRLS CO-OP Gymnastics National Training Center

57 South Commerce Way

Bethlehem, PA 18017



610-861-9151

Time: 9:00am to 3:00pm

Cost \$75.00

Please Bring a Lunch

Please Return this portion with your payment to :

GIRLS CO-OP Gymnastics National Training Center

Attn: Thanksgiving Clinic

57 South Commerce Way

Bethlehem, PA 18017

Registration deadline November 18th

Name: _____

Address: _____

Phone: Home _____ Cell: _____

Age and Level of Child: _____ / _____ Total Amount Enclosed = \$ _____